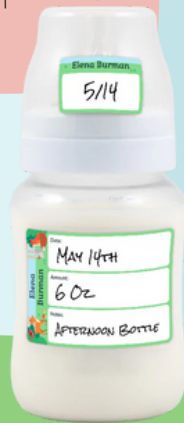


BEFORE YOU START!

- Return enrollment packet
- Sign sleep safe practices policy form (enrollment packet)
- Submit the infant feeding plan (enrollment packet)
- Set a Trial date for baby to meet teachers, spend a couple of hours in the classroom and to drop off supplies
- Ask for your bottle bag
- Download Tadpoles Parent App
- If breastfeeding, start bottle feeding practice at home- The more practice at home the easier the transition is at school.
- Practice classroom schedule at home-bottle times, nap times, etc, introducing finger foods- puffs, encouraging bottle holding, allow self-soothing during nap time in crib, practice and encourage appropriate physical activity(sitting up independently, crawling, pulling up, etc), and put child to sleep in crib for nap time and bed time



WELCOME CRAWLERS



THINGS TO BRING

DAY ONE & AS NEEDED:

- One sleeve of Diapers labeled with name
- One large pack of wipes
- Diaper cream
- Two changes of clothing
- Sleep sac or merlin suit- Arms must be free
- Paci- no clips

*Everything should be labeled with first name and last initial

EVERY DAY:

- | | |
|---------------|---------------------------------|
| • Bottles: | • Food: |
| labeled with: | In a pouch or plastic container |
| Name | Labeled with: |
| Date | Name |
| # of Ounces | Date |
| Formula or BM | Type of Food |
| | Breakfast, Lunch or Snack |

PLEASE SEND CHILD WITH SHOES EVERYDAY

SCHEDULES

- Babies will all follow a classroom schedule and will be fed and have bottles according to the schedule.
- Waddlers will nap twice a day at scheduled times.
- Diapers are changed every 2 hours (or sooner if needed)
- Teachers follow a daily curriculum that include learning and physical activities which include:

Language Development: Story Time, Music, Sign Language, Spanish

Motor Development: Fine Motor and Gross Motor

Circle Time: Songs and themes of the week that includes letters, numbers, shapes, colors and animals

Sensory Exploration

Art

Cute Photo Shoots!



DO'S & DONT'S

- For the health and safety of our infants, do not enter the classroom and do not allow siblings to open the door or enter classroom
- No glass bottles or food containers - even with sleeves
- Label all items correctly each day
- Take home bottles and containers daily, they cannot be stored overnight
- Once bottle is warmed, any unused liquid cannot be saved. After 1 hour, unfinished liquids will be discarded.
- NO over the counter or prescription medication can be left in the bottle bag or put into milk. ALL medication must be dropped off and registered at the front desk.

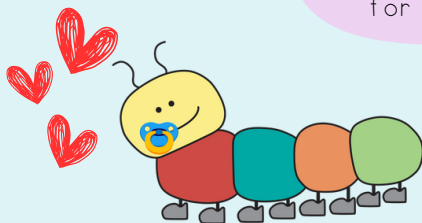
REACHING DEVELOPMENTAL GOALS

- Before transitioning into a waddlers class from our infant class, we look for babies to reach most of the milestones below. Please keep in mind that all babies develop at their own pace and we check in teachers to make sure that each baby is ready to transition before we transition them.
 - Sitting up unassisted
 - Crawling or showing interest in crawling
 - Holding bottle unassisted
 - Eating solids
 - Ready for two naps
- While in the waddlers class, babies will master the following
 - Pulling self up, standing independently and walking
 - Feeding self a range of different foods (school food and/or food from home)
 - Follow classroom schedule and routine successfully
 - Sitting for circle time
 - Drinking cold milk from a sippy cup

ONE YEAR OLD ROOM TRANSITION

Once all of the babies in the classroom turn one, the classroom will transition into a one year old classroom. The time of this transition may change from year to year depending on the birthdays in the classroom. The one year old transition includes big changes but your little one will be ready! 😊 You will be notified in advance of the transition so that you can start to practice at home. This new routine includes:

- Breakfast, lunch, an afternoon snack
- One nap right around noon.
- Using sippy cups only to drink water and cold milk-No more bottles!
- When one and walking they will transition to sleeping on a mat on the floor
- Gym and outside play
- No more pajamas and must have appropriate shoes for outside play.



ONE FINAL NOTE!

Transition periods can be stressful for both children and parents during the first couple of weeks, and that's completely normal.

Behaviors such as crying, reluctance to eat, or difficulty settling at naptime are common and usually improve as your child becomes more comfortable with their new routine and teachers. If this happens with your child, we encourage you to reassure them that they are safe and will be okay. A calm, quick drop-off in the morning often helps the adjustment go more smoothly for everyone.