



# INFANT FEEDING PLAN

Form can be filled out  
a few days before  
Starting

Child's full name \_\_\_\_\_ Date \_\_\_\_\_ Date of Birth \_\_\_\_\_

Does child take bottle? Yes  No

Is the bottle warmed? Yes  No

Please wake up my child if they are sleeping and it is time for them to eat Yes  No

Does the child hold own bottle? Yes  No

Length of time to let my child sleep past their feeding time \_\_\_\_\_ minutes

Can the child feed self? Yes  No

Does the child eat: (Check all that apply)

Strained foods  Baby foods  Formula  Breast Milk  Whole milk  Table foods  Other

What type of formula used? \_\_\_\_\_

Amount of formula/breast milk to be given? \_\_\_\_\_

Updated amounts of formula/breast milk:

Amount: \_\_\_\_\_ Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Date: \_\_\_\_\_

Does the child take a pacifier? Yes  No  If yes, when? \_\_\_\_\_

Food likes \_\_\_\_\_

Dislikes \_\_\_\_\_

Allergies? (Include any premixed formula) \_\_\_\_\_

Formula/Breast Milk			Food		
Time	Amount	Type	Time	Amount	Type

Instructions for the introduction of solid food \_\_\_\_\_

Any updated instructions regarding adding new foods or other dietary changes, please list as needed \_\_\_\_\_

PARENTS' SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_