



...Itty bitty steps to the next class Baby Bunnies & Baby Birds

Major skills your child will be working on:

- *Independently holding bottle
- *Getting on the class schedule
- *Rolling over (front to back and back to front)
- *Sitting up without support
- *Pulling up and cruising
- *Crawling
- *Walking
- *Sleeping in crib during nap (2x's a day)
- *Using fine motor skills during meal time and working on oral motor skills by introducing different textures
- *Sign language (i.e. More, all done, bye-bye, etc)
- *keeping attention span at a minimum of 2-5min during circle time.
- *Helping children recognize songs and hand movements by daily repetition

What you can do to help your child:

- *Introducing finger foods- puffs
- *Encouraging bottle holding
- *Self-soothing during nap time in crib
- *Practicing and encouraging appropriate physical activity
- *Put child to sleep in crib for nap time and bed time
- *Tummy time

Infant Feeding Plan:

Please ask one of the teachers for a new infant feeding plan. It is very important that it is updated if your child's eating habits change. (ex: intro of baby food, solids, changes in the amount of formula/breast milk etc.)

One Last Thing –

Transitioning to a new room - Often transition can cause stress for your child for the first couple of weeks. It is normal. Crying, not wanting to eat, or sleep at naptime are all normal behaviors and should diminish as your child becomes familiar with their routine and teachers. We ask that if this situation occurs with your child, reassuring your child that they will be just fine and a quick drop off in the mornings will help everyone and everything run more smoothly.

We are looking forward to a great school year with your child and hope that this will help answer any questions as well as inform you on some of the things we will be working on. If you have any questions please feel free to talk to us.

Thank You
Bunny Teachers

